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BAREILLY INTERNATIONAL UNIVERSITY

(Established Under Govt. of U.P. Act 26 of 2016)
Rohilkhand Medical College Campus, Pilibhit Bypass Road, Bareilly 243006 (U.P.)
INDIA Phone: 0581-2526011-12, Fax: 0581 - 2303345
Email :info@rmchbareilly.com, info@biu.edu.in Website : www.biu.edu.in

Notice

Date: 15th Jan, 2021

It is to inform to all the students that Programme on **Ayurvedic Wellness Training** will be conducted from **21th Jan 2021 to 22th Jan 2021**. Registration will be on First Come First Serve basis. Students are asked to enroll their names for the above mentioned programme as early as possible. All the Directors/Deans/HoDs/Coordinators are advised to follow the same. Your co-operation is needed to successfully conduct this Capability enhancement and development programme.

Bareilly International University Registrar

Registrar

Copy to:-

1. PS to Hon'ble Vice Chancellor-for kind information.
2. PS to Registrar Sir-for kind information
3. All the Directors/Deans/HoDs/Coordinator(s)
4. Office copy
5. All the Notice Boards

SUSHIL KUMAR THAKUR

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Date: 28th Jan, 2021

ACTIVITY REPORT

Activity Name	**Ayurvedic Wellness Training**
Date and Time	21st Jan 2021 to 22nd Jan 2021; 09:00 AM to 011:00 AM
Duration	6 Hours
Venue	Lecture Theatre 10
Organized By	Rohilkhand Medical College and Hospital, Bareilly International University
Coordinator Name	Ms. Anitha P. Child Health Nursing Professor
Resource Person	Dr. Sanket Jeetey, TMU Moradabad
No. of Participants	61
Program Objective	• The primary objective of the Ayurvedic Wellness Training program organized at the medical college is to provide students and staff with a comprehensive understanding of Ayurveda and its applications in promoting wellness. The program aims to: • Educate Participants: Enhance knowledge of Ayurvedic principles, practices, and their benefits for physical and mental well-being. • Practical Application: Equip participants with practical skills in Ayurvedic yoga and wellness techniques. • Holistic Health: Foster an appreciation for holistic health approaches and their integration into modern medical practices. • Stress Management: Provide tools for managing stress and improving overall well-

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	being through Ayurvedic methods. •
Program Outcome	• Increased Awareness: Participants gained a deeper understanding of Ayurvedic concepts and how they can be applied to enhance personal and professional well-being. • Skill Development: Attendees acquired practical skills in Ayurvedic yoga practices and wellness routines, which they can incorporate into their daily lives. • Integration of Knowledge: There was a noticeable improvement in the integration of Ayurvedic principles with conventional medical knowledge among participants. • Enhanced Wellness: Participants reported improved stress management, better physical health, and a greater sense of overall well-being following the training. • Feedback and Improvement: Positive feedback was received regarding the program's content and delivery, with suggestions for including more interactive sessions and advanced topics in future iterations.
Photograph	 Programme on Ayurvedic Wellness Training organized in RMCH

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Attendance Sheet

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1	200377	Upasana Asooja	1 Year	MD/MS	Upasana	Upasana
2	200378	Akash Bhardwaj	1 Year	MD/MS	Akash	Akash
3	200379	Aarzoo Pahwa	1 Year	MD/MS	Aarzoo	Aarzoo
4	200380	Sumit Kumar Singh	1 Year	MD/MS	Sumit	Sumit
5	200381	Mayank Agrawal	1 Year	MD/MS	Mayank	mayank
6	200524	Rashmi Singh	1 Year	MD/MS	Rashmi	Rashmi
7	200525	Priyanshi Srivastava	1 Year	MD/MS	Priyanshi	Priyanshi
8	200526	Nayana Kumari	1 Year	MD/MS		
9	200527	Jyoti Bhati	1 Year	MD/MS	Jyoti	Jyoti
10	200528	Sarita Kushwaha	1 Year	MD/MS	Sarita	Sarita
11	200529	Anushree Pathak	1 Year	MD/MS	Anushree	Anushree
12	200530	Shaurya Bhutani	1 Year	MD/MS	Shaurya	Shaurya
13	200531	Surabhi Goel	1 Year	MD/MS		
14	200532	Suryansh Nema	1 Year	MD/MS	Suryansh	Suryansh
15	200533	Suraj Dandotiya	1 Year	MD/MS	Suraj	Suraj
16	200534	Saurabh Mittal	1 Year	MD/MS	Saurabh	Saurabh
17	200535	Aparna Khandelia	1 Year	MD/MS	Aparna	Aparna

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18	200536	Aakriti Garg	1 Year	MD/MS		
19	200537	Sarita Yadav	1 Year	MD/MS		
20	200538	Simran Gupta	1 Year	MD/MS		
21	200539	Sanchit Gupta	1 Year	MD/MS		
22	200540	Tushar Gupta	1 Year	MD/MS		
23	200541	Ishita Monga	1 Year	MD/MS		
24	200542	Amandeep Singh	1 Year	MD/MS		
25	200543	J. Sarveswaraiah	1 Year	MD/MS		
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42	200688	Bhoop Chand	1 Year	MD/MS		
43	200689	Anam Nayeem	1 Year	MD/MS		
44	200690	Garima Agrawal	1 Year	MD/MS		
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53	200789	Prachi Chaudhary	1 Year	MD/MS		
54	200790	Verma Rahul	1 Year	MD/MS		
55	200799	T. Purushothama Charyulu	1 Year	MD/MS		
56	200804	Nidhi Kumari Deswal	1 Year	MD/MS		
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Notice

Date: 13th Sep, 2020

It is to inform to all the students that Yoga and Wellness program on **Breath Control and Relaxation Techniques** will be conducted from **23th Sep 2020 to 24th Sep 2020**. Registration will be on First Come First Serve basis. Students are asked to enroll their names for the above mentioned programme as early as possible. All the Directors/Deans/HoDs/Coordinators are advised to follow the same. Your co-operation is needed to successfully conduct this Capability enhancement and development programme.

Bareilly International University Registrar Bareilly

Registrar

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Date: 30th May, 2020

ACTIVITY REPORT

Activity Name	Breath Control and Relaxation Techniques
Date and Time	23th Sep 2020 to 24th Sep 2020; 09:00 AM to 011:00 AM
Duration	6 Hours
Venue	Lecture Theatre 10
Organized By	Rohilkhand Medical College and Hospital, Bareilly International University
Coordinator Name	Mrs. Preeti Bahuguna Obstetrics and Gynecological Nursing Assistant Professor
Resource Person	Dr. Haneef Integral University, Lucknow
No. of Participants	61
Program Objective	• The program on "Breath Control and Relaxation Techniques" organized at the medical college aims to introduce and educate participants—medical students, faculty, and staff—on effective yoga practices focusing on breath control and relaxation. The primary objectives are to: • Enhance Understanding: Provide a thorough understanding of the physiological and psychological benefits of breath control and relaxation techniques. • Skill Development: Teach practical yoga and breathing exercises to help participants manage stress and im • Promote Wellness: Encourage t these techniques into daily routines to support overall well-being and resilience.

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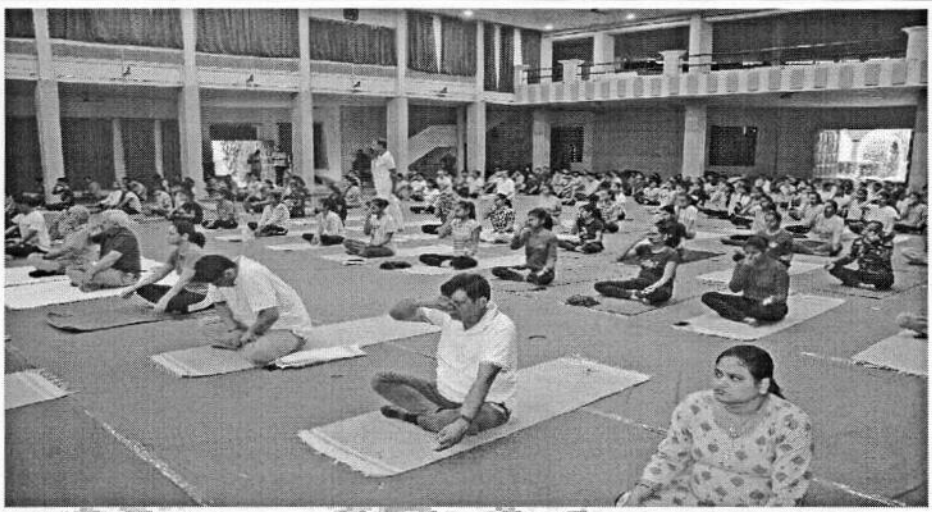
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Program Outcome	• Increased Awareness: Participants gained a comprehensive understanding of how breath control and relaxation techniques impact physical and mental health. Educational sessions covered the science behind these practices and their benefits. • Skill Acquisition: Attendees successfully learned and practiced various breathing techniques, such as diaphragmatic breathing and alternate nostril breathing, along with relaxation exercises like progressive muscle relaxation and guided imagery. • Enhanced Stress Management: Feedback indicates that participants reported improved ability to manage stress and anxiety, with many noting a greater sense of calm and mental clarity in their daily lives. • Promotion of Regular Practice: The program encouraged participants to integrate these techniques into their routines. Follow-up surveys suggest a growing trend towards regular practice of the learned techniques among attendees. • Community Engagement: The event fostered a sense of community among participants, with many expressing interest in ongoing workshops and group sessions to continue their practice and support each other's wellness journeys. • Overall, the program achieved its goals of educating and equipping participants with valuable tools for managing stress and enhancing overall wellness through breath control and relaxation techniques.

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Photograph	

Program on "Breath Control and Relaxation Techniques" organized at the medical college

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59	200807	Dhruv Gupta	1 Year	MD/MS		
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Notice

Date: 03th April, 2020

It is to inform to all the students that **Online Program organised on Mental Health and Yoga Integration** will be conducted from **08th April 2020 to 09th April 2020**. Registration will be on First Come First Serve basis. Students are asked to enroll their names for the above mentioned programme as early as possible. All the Directors/Deans/HoDs/Coordinators are advised to follow the same. Your co-operation is needed to successfully conduct this Capability enhancement and development programme.

Bareilly International University Registrar Bareilly

Registrar

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BAREILLY INTERNATIONAL UNIVERSITY

(Established Under Govt. of U.P. Act 26 of 2016)
Rohilkhand Medical College Campus, Pilibhit Bypass Road, Bareilly 243006 (U.P.)
INDIA Phone: 0581-2526011-12, Fax: 0581 - 2303345
Email :info@rmchbareilly.com, info@biu.edu.in Website : www.biu.edu.in

Date: 15th April, 2020

ACTIVITY REPORT

Activity Name	**Online Program organised on Mental Health and Yoga Integration**
Date and Time	08th April 2020 to 09th April 2020; 09:00 AM to 011:00 AM
Duration	6 Hours
Venue	Lecture Theatre 10
Organized By	Rohilkhand Medical College and Hospital, Bareilly International University
Coordinator Name	Ms. Anitha P. Child Health Nursing Professor
Resource Person	Dr.Haneef Integral University Lucknow
No. of Participants	110
Program Objective	• The program aims to integrate yoga practices with mental health strategies to enhance overall wellness among students and staff in a medical college. The key objectives are: • To Educate: Provide comprehensive knowledge about the benefits of yoga on mental health and its role in stress management, anxiety reduction, and overall psychological well-being. • To Practice: Engage participants in practical yoga sessions to experience firsthand the therapeutic effects of [illegible] health. • To Integrate: Foster the [illegible] practices into daily routines and mental health strategies within the medical college community. • To Evaluate: Assess the impact of yoga on mental health through feedback and psychological assessments.

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Program Outcome	• Increased Awareness: Participants gained a deeper understanding of how yoga influences mental health, including its impact on reducing stress and improving emotional resilience. • Enhanced Skills: Practical yoga sessions enabled participants to acquire techniques for managing stress and improving mental well-being. Many reported feelings more equipped to handle daily stressors and mental health challenges. • Improved Well-being: Surveys and feedback indicated that a significant number of participants experienced a noticeable reduction in anxiety and stress levels, with some reporting better sleep quality and mood improvement. • Program Integration: There is a growing interest in integrating yoga practices into the college's wellness programs and curriculum, with plans for regular yoga sessions and mental health workshops. • Ongoing Engagement: The program successfully created a platform for continued engagement, with participants expressing a desire for ongoing yoga classes and mental health resources. • Feedback and Recommendations: Participants provided constructive feedback, suggesting the inclusion of more advanced yoga techniques and mental health workshops. Future programs will consider these recommendations to enhance effectiveness. • Overall, the program effectively demonstrated the benefits of yoga for mental health and laid the foundation for its integration into the medical college's wellness initiatives.

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Photograph	

Online Program organised on Mental Health and Yoga Integration Organized By Rohilkhand Medical College and Hospital, Bareilly International University

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Attendance Sheet

S. No.	Enrolment Number	Name of Students	Class/year	Program name	08-04-2020	09-04-2020
1	160078	AAKRITI GUPTA	5 Year	MBBS	Aakriti	Aakriti
2	160079	AAKRITI KHEMKA	5 Year	MBBS	Aakriti	Aakriti
3	160080	ABHAY VARSHNEY	5 Year	MBBS	Abhay	Abay
4	160081	ADITYA KRISHAN SHARMA	5 Year	MBBS	ADITya krishan	Aditya krishan
5	160082	ADITYA KUMAR SINGH	5 Year	MBBS	Aditya kumar	Aditya kymar
6	160083	AESHA GOEL	5 Year	MBBS	Aesha	Aesha
7	160084	AISHWARYA TIWARI	5 Year	MBBS	Aishwarya	Aishwarya
8	160085	AKANKSHA SHARMA	5 Year	MBBS	Akanksha	Akanksha
9	160086	AKASHDEEP SINGH CHAHAL	5 Year	MBBS	Akashdeep singh	Akashdeep singh
10	160087	AKSHAY TRIPATHI	5 Year	MBBS	Akshay	Akshay
11	160088	AMOL SAHU	5 Year	MBBS	Amol	Amol
12	160089	ANUJ KUMAR CHAUDHARY	5 Year	MBBS	Anuj kumar	Anuj kumar
13	160090	ANUPRIYA AGARWAL	5 Year	MBBS		
14	160091	ANUVRAT JHA NIKIT	5 Year	MBBS	Anuvrat	Anuvrat
15	160092	ARSHDEEP	5 Year	MBBS	Arshdeep	Arshdeep
16	160093	ASHIR BHARDWAJ	5 Year	MBBS	Ashir	Ashir
17	160094	ASHISH SETHI	5 Year	MBBS	Ashish	Ashish
18	160095	ASHUTOSH VERMA	5 Year	MBBS	Ashutosh	Ashutosh

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19	160096	AYUSH YADAV	5 Year	MBBS	Ayush	Ayush
20	160097	BHAVYA MITTAL	5 Year	MBBS	Bhavya	Bhavya
21	160098	BURHAN YOUNIS AHANGAR	5 Year	MBBS	Burhan	Burhan
22	160099	DARSHAN SHARAD MORE	5 Year	MBBS	Darshan	Darshan
23	160100	DEEKSHA AGARWAL	5 Year	MBBS	Deeksha	Deeksha
24	160101	DEEKSHA SHARMA	5 Year	MBBS	Deeksha	
25	160102	DEEPALKA PATEL	5 Year	MBBS	Deepalka	Deepalka
26	160103	DEVDUTT PORWAL	5 Year	MBBS	DevDutt	Devdutt
27	160104	DHAIRYA MAHLAWAT	5 Year	MBBS	Dhairya	Dhairya
28	160105	DIKSHA CHOUDHARY	5 Year	MBBS	Diksha	Diksha
29	160106	DIVYANSHI TRIVEDI	5 Year	MBBS		
30	160107	GANESH KESHARI	5 Year	MBBS	Ganesh	Ganesh
31	160108	GARVITA HAJELA	5 Year	MBBS	Garvita	Garvita
32	160109	GULFISHAN	5 Year	MBBS	Gulfishan	Gulfishan
33	160110	GUNJAN HANS	5 Year	MBBS	Gunjan	Gunjan
34	160111	HARSH UPADHYAY	5 Year	MBBS	Harsh	Harsh
35	160112	HARSHITA	5 Year	MBBS	Harshita	Harshita
36	160113	HARSHITA RAI	5 Year	MBBS	Harshita	Harshita
37	160114	HIMALAY GANGWAR	5 Year	MBBS	Himalay	Himalay
38	160115	HIMANSHI RAJPUT	5 Year	MBBS	Himanshi	Himanshi
39	160116	HIMANSHU	5 Year	MBBS	Himanshu	Himanshu

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		CHOUDHARY			Choudhary	Choudhary
40	160117	IRAM FATIMA	5 Year	MBBS	Iram	Iram
41	160118	ISRA KHAN	5 Year	MBBS	Isra.	Isra
42	160119	JAGRATI PARIYA	5 Year	MBBS	Jagrati	Jagrati
43	160120	JAGVENDRA SINGH DHAKAR	5 Year	MBBS		Jagvendra
44	160121	JAINEET KAUR	5 Year	MBBS	Jaineet	Jaineet
45	160122	JUNAID AHMAD	5 Year	MBBS	Junaid	Junaid
46	160123	KRATIKA SINGH	5 Year	MBBS	Kratika	kratika
47	160124	KUMAR RISHAV	5 Year	MBBS	Kumar Rishav	Rishav
48	160125	LOKESH BHADANA	5 Year	MBBS	Lokesh	Lokesh
49	160126	MAHEK SALUJA	5 Year	MBBS	Mahesh	Mahesh
50	160127	MAHIMA CHAUHAN	5 Year	MBBS	Mahima	Mahima
51	160128	MAHIMA SHANDILYA	5 Year	MBBS	Mahima	Mahim
52	160129	MALAY NIGAM	5 Year	MBBS		Malay
53	160130	MANTASHA AYUB	5 Year	MBBS	Mantasha	Mantasha
54	160131	MEGHNA PANDEY	5 Year	MBBS	Megha	Meghna
55	160132	MEGHNA SHRIVASTAVA	5 Year	MBBS	Megha	
56	160133	MOHD FAHEEM	5 Year	MBBS	Faheem	Mohm faheem
57	160134	MOHD MARUF	5 Year	MBBS	Maruf	Maruf
58	160135	MOHIT	5 Year	MBBS	Mohit	Mohit
59	160136	MOHIT BOORA	5 Year	MBBS	Mohit	

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60	160137	MOHIT JASHNANI	5 Year	MBBS	Mohit	Mohit
61	160138	MUKUL BANSAL	5 Year	MBBS	Mukul	
62	160139	MUSKAN	5 Year	MBBS	Muskan	Muskan
63	160140	NAUSHEEN ALI	5 Year	MBBS	Nausheen	Naushaan
64	160141	NAVDEEP SINGH	5 Year	MBBS	Navdeep	Navdeep
65	160142	NEHA PAREEK	5 Year	MBBS	Neha	Neha
66	160143	NEHAL KEJRIWAL	5 Year	MBBS	Nehal	Nehal
67	160144	PALLAVI MISRA	5 Year	MBBS		Pallavi
68	160145	PALLAVI VERMA	5 Year	MBBS	Pallavi	Pallavi
69	160146	PARAS SHARMA	5 Year	MBBS	Paras	Paras
70	160147	PARVEZ AALAM	5 Year	MBBS	Parvez	Parvez
71	160148	PEEYUSH KUMAR	5 Year	MBBS	Peeyush	
72	160149	PINTOO KUMAR	5 Year	MBBS	Pintoo	Pintoo
73	160150	POOJA PANDEY	5 Year	MBBS	Pooja	Pooja
74	160151	POOJA SAINI	5 Year	MBBS		Pooja
75	160152	POOJA VERMA	5 Year	MBBS	Pooja	
76	160153	PRABAL NATH	5 Year	MBBS	Prabal	Prabal
77	160154	PRAGGYA SRIVASTAVA	5 Year	MBBS	Praggya	Praggya
78	160155	PRAJWAL GUPTA	5 Year	MBBS	Prajwal	
79	160156	PRANSHAY SHARMA	5 Year	MBBS	Pranshay	Pranshay
80	160157	PRASOON AGRAWAL	5 Year	MBBS	Prasoon	Prasoon
81	160158	PRATEEK	5 Year	MBBS	Prateek	Prateek

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		YADUVANSHI			Yaduvan	Yaduvan
82	160159	PRIYANKA AGARWAL	5 Year	MBBS	Priyanka	Priyanka
83	160160	PULKIT VARSHNEY	5 Year	MBBS	Pulkit	Pulkit
84	160161	RAJNI ANAND	5 Year	MBBS	Rajni	Rajni
85	160162	RAMAN DEEP SINGH KALRA	5 Year	MBBS	Raman	Raman
86	160163	RIFSHA EHTASHAM	5 Year	MBBS	Rifsha	
87	160164	ROCHAK GARG	5 Year	MBBS	Rochak	Rochak
88	160165	RUSHALI SINGHAL	5 Year	MBBS	Rushali	Rushali
89	160166	SABA AKHTAR	5 Year	MBBS	Saba	Saba
90	160167	SAIMA QAIYOOM	5 Year	MBBS	Saima	Saima
91	160168	SAKSHI AGARWAL	5 Year	MBBS	Saksh	Saksh
92	160169	SANKET RASTOGI	5 Year	MBBS		Sanket
93	160170	SARA KHAN	5 Year	MBBS	Sara	Sara
94	160171	SARAVJEET SINGH	5 Year	MBBS	Saraj	Saraj
95	160172	SATYAM PANDEY	5 Year	MBBS	Satyam	Satyam
96	160173	SAUMYA TAYAL	5 Year	MBBS	Saumya	Saumya
97	160174	SHIVAM DWIVEDI	5 Year	MBBS	Shivam	Shivam
98	160175	SHRADHA KAPOOR	5 Year	MBBS	Shradha	
99	160176	SHREYA CHHABRA	5 Year	MBBS		
100	160177	SHUBHAM JAISWAL	5 Year	MBBS	Shubham	Shubham
101	160178	SHUBHI GAUR	5 Year	MBBS	Shubhi	Shubhi
102	160179	SIDDHARTH	5 Year	MBBS		Siddharth

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		MANOHAR			Manohar	Manohar
103	160180	SONALI GARG	5 Year	MBBS	Sonali	Sonali
104	160181	SUDANSHU YADAV	5 Year	MBBS	Sudhanu	Sudhu
105	160182	SUMANDEEP KAUR MAHAL	5 Year	MBBS	Sumandeep	Sumandeep
106	160183	SUPRIYA KAMRA	5 Year	MBBS	Supriya	Supriya
107	160184	SUPRIYA SHAH	5 Year	MBBS	Supriya	Supriya
108	160185	SURESH BISHNOI	5 Year	MBBS	Suresh	Suresh
109	160186	TANUSHREE TRIVEDI	5 Year	MBBS		
110	160187	TANYA MANOCHA	5 Year	MBBS	Tanya	Tanya
111	160188	TARUN SINGH	5 Year	MBBS	Tarun	Tarun
112	160189	TUSHAR KATIYAR	5 Year	MBBS	Tushar	Tushar
113	160190	TWARIT JAIN	5 Year	MBBS	Twarit	Twarit
114	160191	UNNATI SINGH	5 Year	MBBS	Unnati	
115	160192	VARUN DHATTARWAL	5 Year	MBBS	Varun	Varun
116	160193	VATSAL VASHISHT	5 Year	MBBS	Vatsal	Vatsal
117	160194	VIBHA SINGH	5 Year	MBBS	Vibha	Vibha
118	160195	VIDUSHI SHUKLA	5 Year	MBBS	Vidhu	Vidhu
119	160196	VIKAS N R NAMA	5 Year	MBBS	Vikas	Vikas
120	160197	VINEETA SONI	5 Year	MBBS	Vineeta	Vineeta
121	160198	VISHAL SIROHI	5 Year	MBBS	Vishal	Vishal
122	160199	VISHESH MOHAN SAXENA	5 Year	MBBS	Vishesh	

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123	160200	VISHWANATH PRATAP SINGH	5 Year	MBBS	Vishwanath	
124	160201	ZARFEEN ADIL	5 Year	MBBS	Zarfeen	Zarfeen
125	160208	AAKASH PANWAR	5 Year	MBBS	Aakash	Aakash.
126	160209	ABHISHEK AGGARWAL	5 Year	MBBS	Abhishek	

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Notice

Date: 15th June, 2019

It is to inform to all the students that programme on **Stress Relief through Yoga** will be conducted from **20th June 2019 to 21th June 2019**. Registration will be on First Come First Serve basis. Students are asked to enroll their names for the above mentioned programme as early as possible. All the Directors/Deans/HoDs/Coordinators are advised to follow the same. Your co-operation is needed to successfully conduct this Capability enhancement and development programme.

Bareilly International University * Bareilly * Registrar

Registrar

Copy to:-

1. PS to Hon'ble Vice Chancellor-for kind information.
2. PS to Registrar Sir-for kind information
3. All the Directors/Deans/HoDs/Coordinator(s)
4. Office copy
5. All the Notice Boards

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Date: 26th May, 2019

ACTIVITY REPORT

Activity Name	Stress Relief through Yoga
Date and Time	20th June 2019 to 21th June 2019; 09:00 AM to 011:00 AM
Duration	6 Hours
Venue	University Ground
Organized By	Rohilkhand Medical College and Hospital, Bareilly International University
Coordinator Name	Ms. Anitha P. Child Health Nursing Professor
Resource Person	Ms.Nisdi Singh Faculty of Paramedical Sciences, Bareilly
No. of Participants	59
Program Objective	• The primary objective of the Yoga and Wellness program, organized at the medical college, was to educate and engage students, faculty, and staff in the practice of yoga as a holistic approach to stress relief. The program aimed to introduce participants to various yoga techniques, including breathing exercises, meditation, and physical postures, that are scientifically proven to reduce stress and promote mental and physical well-being. Additionally, the program sought to highlight the role of yoga in maintaining overall health, improving concentration, and fostering a balanced lifestyle, especially within the pressure environment of a medical college.
Program Outcome	• The Yoga and Wellness program successfully achieved its objectives by offering a series of interactive sessions that were well-received by the participants. The following outcomes were observed: • Increased Awareness: Participants gained a deeper understanding of the connection between yoga and stress relief. Many reported a newfound

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	appreciation for yoga as a tool for managing stress. • Improved Well-being: Post-program surveys indicated a significant improvement in participants' stress levels, with many reporting feelings of relaxation and mental clarity following the sessions. • Enhanced Participation: The program fostered a sense of community among the participants, encouraging them to incorporate yoga into their daily routines. Regular yoga sessions have since been integrated into the college's wellness initiatives. • Positive Feedback: Feedback from attendees was overwhelmingly positive, with many expressing interests in future programs and further training in yoga practices. • Long-term Impact: The program laid the groundwork for ongoing yoga and wellness activities at the college, promoting a culture of health and well-being among the medical community.
Photograph	 Stress Relief through Yoga program organized at Rohilkhand Medical College and Hospital

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Attendance Sheet

S. No.	Enrolment Number	Name of Students	Class/year	Program name	20-06-2019	21-06-2019
1	180049	Abhishek Agarwal	1 Year	MD/MS		
2	180050	Atul Kumar Pandey	1 Year	MD/MS		
3	180051	Astha Nigam	1 Year	MD/MS		
4	180052	Gautam Kumar Goel	1 Year	MD/MS		
5	180053	Kumari Aparajeeta	1 Year			
6	180054	Mohit Biswas	1 Year			
7	180055	Naveen Mahaur	1 Year	MD/MS		
8	180056	Nikhil Gupta	1 Year	MD/MS		
9	180057	Niraj Kumar	1 Year	MD/MS		
10	180058	Neharica Joshi	1 Year	MD/MS		

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11	180059	Nupur Choudhary	1 Year	MD/MS		
12	180060	Pinki Singh	1 Year	MD/MS		
13	180061	Rachit Sinha	1 Year	MD/MS		
14	180062	Sodha Rajvirsinh Ghanshyamsinh	1 Year	MD/MS		
15	180063	Ravi Kaur Sandhu	1 Year	MD/MS		
16	180064	Saba Jamal	1 Year	MD/MS		
17	180065	Shubham Jain	1 Year	MD/MS		
18	180066	Sweety Raj	1 Year	MD/MS		
19	180067	Tanuja Sharma	1 Year	MD/MS		
20	180068	Tanvi Agrawal	1 Year	MD/MS		
21	180069	Anindita Seth	1 Year	MD/MS		
22	180070	Anant Agarwal	1 Year	MD/MS		
23	180071	Bimal Krishna Sahay	1 Year	MD/MS		
24	180072	Raman Baliyan	1 Year	MD/MS		
25	180073	Shivani	1 Year	MD/MS		
26	180074	Shikhar Saxena	1 Year	MD/MS		
27	180228	Saurabh Sharma	1 Year	MD/MS		
28	180408	Anchal Dixit	1 Year	MD/MS		
29	180409	Anubhav Gupta	1 Year	MD/MS		
30	180410	Aseem Rajpal	1 Year	MD/MS		
31	180411	Ashutosh Kumar	1 Year	MD/MS		
32	180412	Gaurav Kumar	1 Year	MD/MS		
33	180413	Himanshu Shekhar	1 Year	MD/MS		

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34	180414	Rakhi	1 Year	MD/MS		
35	180415	Sarda Mukund Shyam	1 Year	MD/MS		
36	180416	Shreya	1 Year	MD/MS		
37	180650	Kumar Utkarsh	1 Year	MD/MS		
38	180651	Arvind	1 Year	MD/MS		
39	180652	Aastha Yadav	1 Year	MD/MS		
40	180653	Pragati Saxena	1 Year	MD/MS		
41	180654	Sonia Goel	1 Year	MD/MS		
42	180655	Kiran Verma	1 Year	MD/MS		
43	180724	P Sharath Chandra	1 Year	MD/MS		
44	180734	Amrinder Singh	1 Year	MD/MS		
45	180735	Anant Kumar Tyagi	1 Year	MD/MS		
46	180736	Ashish Yadav	1 Year	MD/MS		
47	180737	Satyen Verma	1 Year	MD/MS		
48	180738	Jyoti Singh	1 Year	MD/MS		
49	180741	Peruru Latheesh Kumar	1 Year	MD/MS		
50	180742	Aman Barthwal	1 Year	MD/MS		
51	180743	Himanshu Popli	1 Year	MD/MS		
52	180075	Deeksha Yadav	1 Year			
53	180076	Princy Mishra	1 Year			
54	180077	Shane Alam	1 Year	M.Sc.Medical		
55	180619	Ramnish Kumar	1 Year	M.Sc.Medical		
56	180702	Pramukh Patel	1 Year	M.Sc.Medical		

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57	180708	Anshika Saxena	1 Year	M.Sc.Medical		

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Notice

Date: 05th April, 2021

It is to inform to all the students that programme on **Therapeutic Yoga in Clinical Practice** will be conducted from **12th April 2021 to 13th April 2021**. Registration will be on First Come First Serve basis. Students are asked to enroll their names for the above mentioned programme as early as possible. All the Directors/Deans/HoDs/Coordinators are advised to follow the same. Your co-operation is needed to successfully conduct this Capability enhancement and development programme.

Registrar

Copy to:-

1. PS to Hon'ble Vice Chancellor-for kind information.
2. PS to Registrar Sir-for kind information
3. All the Directors/Deans/HoDs/Coordinator(s)
4. Office copy
5. All the Notice Boards

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Date: 20th April, 2021

ACTIVITY REPORT

Activity Name	**Therapeutic Yoga in Clinical Practice**
Date and Time	12th April 2021 to 13th April 2021; 09:00 AM to 011:00 AM
Duration	6 Hours
Venue	University Auditorium
Organized By	Rohilkhand Medical College and Hospital, Bareilly International University
Coordinator Name	Mrs. Preeti Bahuguna Obstetrics and Gynecological Nursing Assistant Professor
Resource Person	Dr. Subhash Garg
No. of Participants	110
Program Objective	• The objective of the "Therapeutic Yoga in Clinical Practice" program was to introduce medical students and healthcare professionals to the principles and practices of therapeutic yoga. • The program aimed to enhance their understanding of how yoga can be integrated into clinical practice to improve patient outcomes, promote overall wellness, and complement traditional medical treatments. • The program also sought to equip [illegible] with practical skills in yoga techniques that can be used [illegible] stress, anxiety, and various chronic conditions.
Program Outcome	• The program successfully increased awareness among participants about the therapeutic benefits of yoga in clinical settings. Attendees reported a better understanding of how to incorporate yoga into patient care and their

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	personal wellness routines. • Practical sessions enabled participants to learn and practice specific yoga postures and breathing techniques tailored for clinical use. • As a result, many participants expressed confidence in applying these techniques with their patients, leading to a more holistic approach to healthcare in the medical college.
Photograph	 Therapeutic Yoga in Clinical Practice in Paramedical Sciences

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Attendance Sheet

S. No.	Enrolment Number	Name of Students	Class/year	Program name	12-04-2021	13-04-2021
1	210124	MOHD MOSIN	1 Year	BRIT		
2	210125	RAJNISH KUMAR	1 Year	BRIT		
3	210126	RAVI GANGWAR	1 Year	BRIT		
4	210127	SAIMA FATIMA	1 Year	BRIT		
5	210128	SNEHA BHARDWAJ	1 Year	BRIT		
6	210129	SYED SHUMAIL ALI	1 Year	BRIT		
7	210130	UMAM FATIMA	1 Year	BRIT		
8	210131	VIKAS MOURYA	1 Year	BRIT		
9	210207	NAMITA SINGH	1 Year	BRIT		
10	210222	SANJEEV MOURYA	1 Year	BRIT		
11	210667	ADITYA KUMAR	1 Year	BRIT		
12	210685	SIMRANJEET KAUR	1 Year	BRIT		
13	210166	ABDUS SAMAD	1 Year	B.Sc. Opto		
14	210167	JYOTI	1 Year	B.Sc. Opto		
15	210168	MARIYA	1 Year	B.Sc.		
16	210169	MOHAMMAD ANAS	1 Year	B.Sc. Opto		
17	210170	MOHD ANAS KHAN	1 Year	B.Sc. Opto		
18	210171	PIYUSH KUMAR	1 Year	B.Sc.		

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		YADAV		Opto		
19	210172	RAHUL YADAV	1 Year	B.Sc. Opto		
20	210173	VIKAS SHARMA	1 Year	B.Sc. Opto		
21	210205	PRIYANSHI SHARMA	1 Year	B.Sc. Opto		
22	210206	SHEHRISH KHAN	1 Year	B.Sc. Opto		
23	190234	Dev Abhijeet Singh	3	BBA		
24	190235	Ayush Mehrotra	3	BBA		
25	210324	RAVI PRATAP SINGH	1	MHA		
26	210688	SYED FARHAN ALI	1	MHA		
27	210689	UTKARSH RAJA	1	MHA		
28	210744	MEENAL VAISH	1	MHA		
29	200356	Sarvesh Kumar Dubey	2	MHA		
30	200357	Neha Sartaj	2	MHA		
31	200358	Ashwani Pratap Singh	2	MHA		
32	200741	V Narasimha Raju Soorgani	2	MHA		
33	200798	Kollipara Ramya Sai	2	MHA		
34	200413	Arzoo Azeem	2 Year			
35	200414	Mohammad Adnan Hussain	2 Year	B.Sc. Opto		
36	200432	Maitrey Raipa	2 Year	B.Sc. Opto		

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37	200675	Samreen Mansoorie	2 Year	B.Sc. Opto		
38	200676	Sukhveer Yadav	2 Year	B.Sc. Opto		
39	200734	Prashant Yadav	2 Year	B.Sc. Opto		
40	200740	MOHD IMRAN	2 Year	B.Sc. Opto		
41	210132	ABHISHEK MISHRA	1 Year	BMLT		
42	210133	ADITYA PRATAP SINGH	1 Year	BMLT		
43	210134	AKHILESH YADAV	1 Year	BMLT		
44	210135	AMIT KUMAR	1 Year	BMLT		
45	210136	ARJUN	1 Year	BMLT		
46	210137	AVNISH RATHOR	1 Year	BMLT		
47	210138	DABLOO	1 Year	BMLT		
48	210139	DEEPANSHU TRIVEDI	1 Year	BMLT		
49	210140	DEVRISHI PATHAK	1 Year	BMLT		
50	210141	DIVYANSHU GANGWAR	1 Year	BMLT		
51	210142	KULDEEP RATHAUR	1 Year	BMLT		
52	210143	MANOJ BHASKAR	1 Year	BMLT		
53	210144	MOHAMMAD AFNAN KHAN	1 Year	BMLT		
54	210145	MOHD YASEEN	1 Year	BMLT		
55	210146	PRASHANT PATHAK	1 Year	BMLT		

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56	210147	PRASHANT SAXENA	1 Year	BMLT		
57	210148	RAVI KUMAR SHAKYA	1 Year	BMLT		
58	210149	SHIVANI VERMA	1 Year	BMLT		
59	210150	SUMIT KUMAR	1 Year	BMLT		
60	210151	SWITY	1 Year	BMLT		
61	210152	VISHAL MAURYA	1 Year	BMLT		
62	210153	YASHWANT SINGH	1 Year	BMLT		
63	210154	ZEBA	1 Year	BMLT		
64	210174	ANURAG VERMA	1 Year	BMLT		
65	210199	ARPAN KUMAR UPADHYAY	1 Year	BMLT		
66	210200	BABLU	1 Year	BMLT		
67	210201	GAURAV KUMAR	1 Year	BMLT		
68	210202	KM PREETI YADAV	1 Year	BMLT		
69	210203	MEGHA PATEL	1 Year	BMLT		
70	210204	SANA PARVIN	1 Year	BMLT		
71	210217	KULDEEP SINGH	1 Year	BMLT		
72	210218	PREM SINGH	1 Year	BMLT		
73	210219	SHIVAM GANGWAR	1 Year	BMLT		
74	210325	GAURAV KUMAR	1 Year	BMLT		
75	210683	MONISH BEG	1 Year	BMLT		
76	210684	VIMAL DEEP KAUR	1 Year	BMLT		
77	210687	ANKIT SINGH	1 Year	BMLT		

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78	210790	NISHA MOURYA	1 Year	BMLT		
79	210843	ARYAN VARSHNEY	1 Year	BMLT		
80	210892	IRAM	1 Year	BMLT		
81	210155	AANCHAL KASHYAP	1 Year	BPT		
82	210156	AJEET KUMAR YADAV	1 Year	BPT		
83	210157	ARJIT VERMA	1 Year	BPT		
84	210158	AYUSHREE SAXENA	1 Year	BPT		
85	210159	DIVYANI SHRIVASTAVA	1 Year	BPT		
86	210160	MANPREET KAUR	1 Year	BPT		
87	210161	PREETI PATIL	1 Year	BPT		
88	210162	RIDDHI HORRA	1 Year	BPT		
89	210163	SIMRAN JOSHI	1 Year	BPT		
90	210164	SUVANE ALI	1 Year	BPT		
91	210165	WAKAR AHMAD	1 Year	BPT		
92	210193	ALISHA FATIMA	1 Year	BPT		
93	210194	BUSHRA ANSAR	1 Year	BPT		
94	210195	JASHANPREET KAUR	1 Year	BPT		
95	210196	RIFA NOOR	1 Year			
96	210197	SACHIN KUMAR	1 Year			
97	210198	VEERVAIBHAV CHAUHAN	1 Year	BPT		
98	210220	AKANSHA	1 Year	BPT		
99	210221	ASHIKA SINGH	1 Year	BPT		

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100	210666	SHALINI SINGH	1 Year	BPT		
101	210686	GEETANJALI	1 Year	BPT		
102	210846	ANAM KHAN	1 Year	BPT		
103	210116	AMARA FATIMA	1 Year	BRIT		
104	210117	AMIT KUMAR SOLANKI	1 Year	BRIT		
105	210118	ANKIT GUPTA	1 Year	BRIT		
106	210119	ASHOK MAURYA	1 Year	BRIT		
107	210120	JITENDRA KUMAR	1 Year	BRIT		
108	210121	KEERTI RAJPOOT	1 Year	BRIT		
109	210122	MO AFRAZ FARIDI	1 Year	BRIT		
110	210123	MOHD AMIR	1 Year	BRIT		

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Notice

Date: 25th April, 2023

It is to inform to all the students that programme on **Wellness Programs for Medical Trainees** will be conducted from **01th May 2023 to 2th May 2023**. Registration will be on First Come First Serve basis. Students are asked to enroll their names for the above mentioned programme as early as possible. All the Directors/Deans/HoDs/Coordinators are advised to follow the same. Your co-operation is needed to successfully conduct this Capability enhancement and development programme.

Bareilly International University Registrar

Registrar

Copy to:-

1. PS to Hon'ble Vice Chancellor-for kind information.
2. PS to Registrar Sir-for kind information
3. All the Directors/Deans/HoDs/Coordinator(s)
4. Office copy
5. All the Notice Boards

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BAREILLY INTERNATIONAL UNIVERSITY

(Established Under Govt. of U.P. Act 26 of 2016)
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Email :info@rmchbareilly.com, info@biu.edu.in Website : www.biu.edu.in

Date: 08th May, 2023

ACTIVITY REPORT

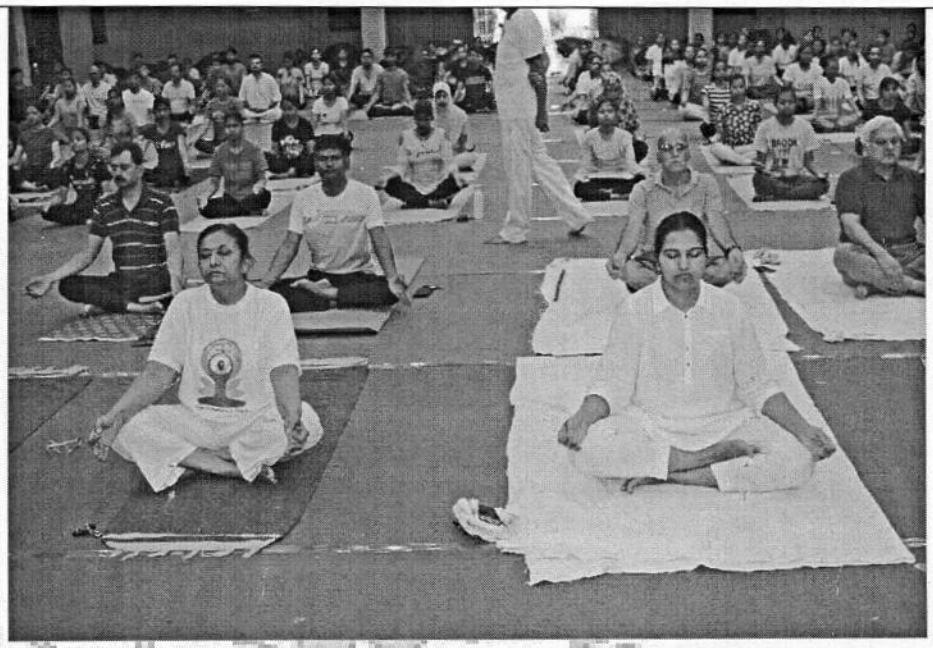
Activity Name	**Wellness Programs for Medical Trainees**
Date and Time	01th May 2023 to 02th May 2023; 09:00 AM to 011:00 AM
Duration	6 Hours
Venue	Lecture Theatre 10
Organized By	Rohilkhand Medical College and Hospital, Bareilly International University
Coordinator Name	Ms. Anitha P. Child Health Nursing Professor
Resource Person	Mrs. Mahima Tiwari
No. of Participants	59
Program Objective	• The primary objective of the Yoga and Wellness program was to promote physical and mental well-being among medical trainees. The program aimed to introduce participants to yoga practices and mindfulness techniques that could help them manage stress, improve focus, and maintain overall health during their rigorous medical training.
Program Outcome	• The program successfully engaged medical trainees, with a significant number of participants reporting improvements in stress management, concentration, and physical fitness. Post-program feedback indicated that trainees found the yoga sessions beneficial for relaxation and mental clarity. • The initiative fostered a greater awareness of the importance of wellness practices in maintaining a balanced lifestyle, which is crucial for sustaining their demanding careers in the medical field.

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Photograph	

Wellness Programs for Medical Trainees and All senior Faculty members and campus Staff organized in RMCH,BIU

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Attendance Sheet

S. No.	Enrolment Number	Name of Students	Class/year	Program name	01-05-2023	02-05-2023
1	220387	ADITI KUMARI	1	MHA	Aditi	Aditi
2	220388	AMIT KUMAR SINGH	1	MHA		
3	220389	BALRAM SINGH BISHT	1	MHA		
4	220004	KARISHMA KANNOJIA	1	MHA		
5	221083	KM AASHI SAXENA	1	MHA		
6	220005	KM ANAM AFTAB	1	MHA		
7	220006	KM SRASHTI SHUKLA	1	MHA		
8	220417	NOOR FATIMA	1	MHA		
9	220390	SUBHANKAR BHARTI	1	MHA		
10	210324	RAVI PRATAP SINGH	2	MHA		
11	210688	SYED FARHAN ALI	2	MHA		
12	210689	UTKARSH RAJA	2	MHA		
13	210744	MEENAL VAISH	2	MHA		
14	220007	KM BABRA	1	MHA		
15	221135	MADHU SIROHI	1	M		
16	220008	SHIKHA YADAV	1	MPH		
17	220009	AKSHITA PANDAY	1	B.Com (Honours)		
18	220010	NIMRA KHAN	1	B.Com (Honours)		
19	220011	PRIYANSHI GUPTA	1	B.Com		

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				(Honours)		
20	220012	KM BARSHANI GUPTA	1	BA(Mass Communication)		
21	220013	KM YUSRA ZAIDI	1	BA(Mass Communication)		
22	220014	VANSHIKA PATEL	1	BA(Mass Communication)		
23	220001	GARIMA VERMA	1	BBA (Finance & Taxation)		
24	220002	SANSKRITI DWIVEDI	1	BBA (Finance & Taxation)		
25	220003	SHIFA INTEZAR	1	BBA (Finance & Taxation)		
26	220386	VISHNU GUPTA	1	BBA (Finance & Taxation)		
27	220078	DEEPTI YADAV	1 Year	BRIT		
28	220220	IFRA	1 Year	BRIT		
29	220649	KAFEEL AHMAD	1 Year	BRIT		
30	220381	KAIF KHAN	1 Year	BRIT		
31	220221	KAUSHAL YADAV	1 Year	BRIT		
32	220222	KM PRAGATI YADAV	1 Year	BRIT		
33	220382	MO RIZWAN	1 Year	BRIT		
34	220223	MOHAMMAD ANAS KHAN	1 Year	BRIT		
35	220224	MOHAMMAD KAZIM	1 Year	BRIT		
36	220225	MOHD ARIF SAIFI	1 Year	BRIT		
37	220413	MOHD FARHAN KHAN	1 Year	BRIT		

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38	220226	MUGHEES KHAN	1 Year	BRIT		
39	220414	MUSHARIV KHAN	1 Year	BRIT		
40	220079	NEERAJ	1 Year	BRIT		
41	220080	NEHA PARVEEN	1 Year	BRIT		
42	220415	PRANJAL MISHRA	1 Year	BRIT		
43	220383	PRASHANT GANGWAR	1 Year	BRIT		
44	220081	PRATENDRA SINGH RAJPUT	1 Year	BRIT		
45	220416	ROSHNI	1 Year	BRIT		
46	220227	SAGUN SAXENA	1 Year	BRIT		
47	220228	SAHIL SAIFI	1 Year	BRIT		
48	220229	SANJANA GUPTA	1 Year	BRIT		
49	220082	SATYA DEV	1 Year	BRIT		
50	220230	SHABAN KHAN	1 Year	BRIT		
51	220083	SHIVAM BHARTI	1 Year	BRIT		
52	220384	SHIVAM GUPTA	1 Year	BRIT		
53	220231	SHIVAM SINGH	1 Year	BRIT		
54	220232	SHOBHIT TIWARI	1 Year	BRIT		
55	220385	SUMIT KUMAR	1 Year	BRIT		
56	220233	TANISHKA MISHRA	1 Year	BRIT		
57	220426	TANYA GUPTA	1 Year	BRIT		
58	221131	VEER PRATAP SINGH	1 Year	BRIT		

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Notice

Date: 15th June, 2022

It is to inform to all the students that programme on **Yoga and Meditation for Healthcare Burnout** will be conducted from **20th June 2022 to 21th June 2022**. Registration will be on First Come First Serve basis. Students are asked to enroll their names for the above mentioned programme as early as possible. All the Directors/Deans/HoDs/Coordinators are advised to follow the same. Your co-operation is needed to successfully conduct this Capability enhancement and development programme.

Bareilly International University Registrar

Registrar

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Email :info@rmchbareilly.com, info@biu.edu.in Website : www.biu.edu.in

Date: 27th June, 2022

ACTIVITY REPORT

Activity Name	**Yoga and Meditation for Healthcare Burnout**
Date and Time	20th June 2022 to 21th June 2022; 09:00 AM to 011:00 AM
Duration	6 Hours
Venue	University Ground
Organized By	Rohilkhand Medical College and Hospital, Bareilly International University
Coordinator Name	Mrs. Preeti Bahuguna Obstetrics and Gynecological Nursing Assistant Professor
Resource Person	Mrs. Mahima Tiwari, Rohilkhand College of Paramedical Sciences
No. of Participants	86
Program Objective	• The objective of the program was to introduce healthcare professionals and medical students to the practices of Yoga and meditation as effective tools for managing stress and preventing burnout. • The program aimed to enhance the overall well-being of participants by equipping them with practical techniques to balance the demands of their professional responsibilities with their personal health.
Program Outcome	• The program successfully increased awareness about the importance of mental and physical wellness among healthcare professionals and medical students. • Participants reported a heightened understanding of how Yoga and meditation could be integrated into their daily routines to reduce stress, improve focus, and maintain a healthier work-life balance.

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	• Feedback indicated a positive shift in participants' attitudes towards self-care, with many expressing a commitment to regularly practicing the techniques learned. The program also fostered a sense of community and support among attendees, contributing to a more resilient and compassionate healthcare environment
Photograph	 **Yoga and Meditation for Healthcare Burnout program ogranised in RMCH ground**

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Attendance Sheet

S.	Enrolment	Name of Students	Class/year	Program	20-06-2022	21-06-2022

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No.	Number			name		
1	190037	Gunjan Chaudhary	3 Year	BPT		
2	190038	Jagrati	3 Year	BPT		
3	190039	Kajal Rao	3 Year	BPT		
4	190040	Sufia Khan	3 Year	BPT		
5	190041	Lokesh Kumar	3 Year	BPT		
6	190042	Mohammad Akib	3 Year	BPT		
7	190043	Mukesh Kumar	3 Year	BPT		
8	190044	Mumtaz Mahak	3 Year	BPT		
9	190045	Pramod Kumar	3 Year	BPT		
10	190046	Sachin Kumar	3 Year	BPT		
11	190047	Sameer Husain	3 Year	BPT		
12	190048	Sanjeev Kumar	3 Year	BPT		
13	190049	Sonal Kumar	3 Year	BPT		
14	190050	Saumya Sharma	3 Year	BPT		
15	190051	Sudheer Kumar Rathaur	3 Year	BPT		
16	190052	Svdesh Kumar	3 Year	BPT		
17	190053	Vanshika Saxena	3 Year	BPT		
18	190054	Yuvraj Singh	3 Year	BPT		
19	190055	Sushmita Srivastav	3 Year	BPT		
20	190056	Amishank Parashari	3 Year	BPT		
21	190250	Pooja Gangwar	3 Year	BPT		
22	190415	Unsa Khan	3 Year	BPT		

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23	190792	Shivam	3 Year	BPT		
24	190793	Manjary Pal	3 Year	BPT		
25	190824	Shaifer Husain	3 Year	BPT		
26	190827	Vikash Sharma	3 Year	BPT		
27	200082	Priyankar Mandal	2 Year	BMLT		
28	200083	Lalu Yadav	2 Year	BMLT		
29	200084	Mohd Aflak	2 Year	BMLT		
30	200085	Rohit Maurya	2 Year	BMLT		
31	200086	Rohit Sharma	2 Year	BMLT		
32	200087	Soran Singh	2 Year	BMLT		
33	200088	Sudheer Kumar	2 Year	BMLT		
34	200089	Suryakant Sahu	2 Year	BMLT		
35	200090	Yamil	2 Year	BMLT		
36	200091	Rabiya Bi	2 Year	BMLT		
37	200092	Nishant Verma	2 Year	BMLT		
38	200093	Utpal Gangwar	2 Year	BMLT		
39	200094	Abdesh Gautam	2 Year	BMLT		
40	200095	Sumendra Pal	2 Year	BMLT		
41	200096	Moazzam Khan	2 Year	BMLT		
42	200097	Anubhav Srivastava	2 Year	BMLT		
43	200098	Abhishek Rathaur	2 Year	BMLT		
44	200099	Akash Singh	2 Year	BMLT		
45	200100	Bharat Kishor Yadav	2 Year	BMLT		

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46	200101	Dheeraj Kumar	2 Year	BMLT		
47	200102	Keshav Rathour	2 Year	BMLT		
48	200103	Khushi Saxena	2 Year	BMLT		
49	200415	Mohd Azhar	2 Year	BMLT		
50	200416	Veena	2 Year	BMLT		
51	200417	Areesha Malik	2 Year	BMLT		
52	200429	Shireya	2 Year	BMLT		
53	200430	Sudhir Shakya	2 Year	BMLT		
54	200431	Anjali Sharma	2 Year	BMLT		
55	200731	Ankit Shakya	2 Year	BMLT		
56	200732	Parvesh Kumari	2 Year	BMLT		
57	200733	Vikas Gangwar	2 Year	BMLT		
58	200742	Alia Fatima	2 Year	BMLT		
59	200747	Ravikant Kashyap	2 Year	BMLT		
60	200748	Subhash Chandra	2 Year	BMLT		
61	200075	Shahanshah Wali	2 Year	BPT		
62	200076	Mahima John	2 Year	BPT		
63	200077	Aliya	2 Year	BPT		
64	200078	Shahid Khan	2 Year	BPT		
65	200079	Pavan Kumar	2 Year	BPT		
66	200080	Ravi Sinha	2 Year	BPT		
67	200081	Rahedeen Hussain	2 Year	BPT		
68	200422	Naina Khan	2 Year	BPT		

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69	200423	Asif Ali Khan	2 Year	BPT		
70	200424	Priyanshi Saxena	2 Year	BPT		
71	200425	Neha Patel	2 Year	BPT		
72	200426	Manjeet Kumar	2 Year	BPT		
73	200427	Foziya Khan	2 Year	BPT		
74	200428	Veena Mishra	2 Year	BPT		
75	200724	Bakeel Ahmad	2 Year	BPT		
76	200725	Anuj Kumar	2 Year	BPT		
77	200726	Ritika Jain	2 Year	BPT		
78	200727	Reena Rathour	2 Year	BPT		
79	200743	Abhishek Chandra	2 Year	BPT		
80	200744	Abdul Junaid	2 Year	BPT		
81	200728	Abhinav Patel	2 Year	BRIT		
82	200070	Aman Kumar	2 Year	B.Sc. Opto		
83	200071	Anshul Shakya	2 Year	B.Sc. Opto		
84	200072	Mohd Gufran Khan	2 Year	B.Sc. Opto		
85	200073	Shekhar Batham	2 Year	B.Sc. Opto		
86	200074	Suhail Siddiqui	2 Year	B.Sc. Opto		

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Notice

Date: 07th March, 2022

It is to inform to all the students that programme on **Yoga for Emotional Balance in Medicine** will be conducted from **14th March 2022 to 15th March 2022**. Registration will be on First Come First Serve basis. Students are asked to enroll their names for the above mentioned programme as early as possible. All the Directors/Deans/HoDs/Coordinators are advised to follow the same. Your co-operation is needed to successfully conduct this Capability enhancement and development programme.

Registrar

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Email :info@rmchbareilly.com, info@biu.edu.in Website : www.biu.edu.in

Date: 21th March, 2022

ACTIVITY REPORT

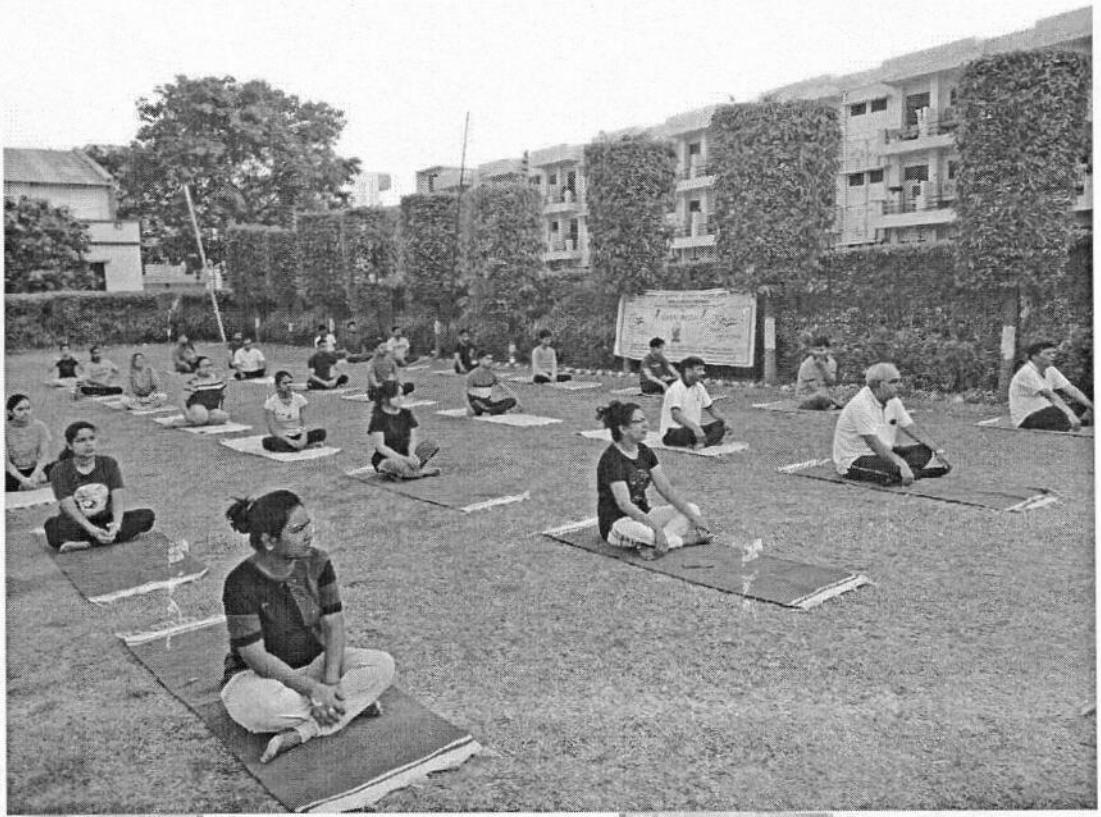
Activity Name	Yoga for Emotional Balance in Medicine
Date and Time	14th March 2022 to 15th March 2022; 09:00 AM to 011:00 AM
Duration	6 Hours
Venue	University Ground
Organized By	Rohilkhand Medical College and Hospital, Bareilly International University
Coordinator Name	Ms. Anitha P. Child Health Nursing Professor
Resource Person	Ms.Roopa Mehra Mascot Group of Institute Bareilly
No. of Participants	99
Program Objective	• The objective of the "Yoga for Emotional Balance in Medicine" program was to introduce medical students and healthcare professionals to the principles and practices of yoga as a tool for enhancing emotional well-being. • The program aimed to equip participants with techniques to manage stress, improve mental clarity, and foster emotional resilience, which are crucial for handling the demands of a medical career.
Program Outcome	• The program successfully increased awareness among participants about the benefits of yoga for emotional health. Participants reported improved emotional balance, reduced stress levels, and enhanced focus in their studies and professional duties.

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	• The interactive sessions also promoted a culture of self-care and mindfulness, encouraging attendees to incorporate yoga into their daily routines to support their overall well-being in their medical practice.
Photograph	 Yoga Program organized in Bareilly International University .

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Attendance Sheet

S. No.	Enrolment Number	Name of Students	Class/year	Program name	14-03-2022	15-03-2022
1	180020	Ariba Rehman	4 Year	BPT		
2	180021	Chandrakant Dixit	4 Year	BPT		
3	180022	Pulkit Mishra	4 Year	BPT		
4	180023	Zeeshan Alam	4 Year	BPT		
5	180078	Abhishek Kumar	4 Year	BPT		
6	180079	Ajay Pal	4 Year	BPT		
7	180080	Afreen Khan	4 Year	BPT		
8	180081	Avantika Katiyar	4 Year	BPT		
9	180082	Fariyad Hussain	4 Year	BPT		
10	180083	Feeroj Gautam	4 Year	BPT		
11	180084	Jitik	4 Year	BPT		
12	180085	Kamal Kumar	4 Year	BPT		
13	180086	Naveen Kumar	4 Year	BPT		
14	180087	Priya Rathor	4 Year	BPT		
15	180088	Prteeksha Chaudhary	4 Year	BPT		
16	180089	Prabhansh Katiyar	4 Year	BPT		
17	180090	Rajat Kumar Diwakar	4 Year	BPT		
18	180091	Rahul Yadav	4 Year	BPT		
19	180092	Raj Laxmi Pal	4 Year	BPT		
20	180093	Sati Ram	4 Year	BPT		

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21	180094	Sania Khalique	4 Year	BPT		
22	180095	Shaina	4 Year	BPT		
23	180096	Shehreen	4 Year	BPT		
24	180097	Shivangi Singh	4 Year	BPT		
25	180098	Sumit Yadav	4 Year	BPT		
26	180099	Tasbiha Ansari	4 Year	BPT		
27	180100	Tarrannum	4 Year	BPT		
28	180101	Ved Prakash	4 Year	BPT		
29	180280	Azim Khan	4 Year	BPT		
30	180281	Darain Aqdam	4 Year	BPT		
31	180282	Zainab Zahid	4 Year	BPT		
32	180669	Isham Uddin	4 Year	BPT		
33	180688	Meenakshi	4 Year	BPT		
34	180710	Pawan Vishwakarma	4 Year	BPT		
35	180727	Shreya Kumari	4 Year	BPT		
36	190204	Sandeep Kumar	4 Year	BPT		
37	190205	Chhaya Patel	4 Year	BPT		
38	190206	Deeksha Saxena	4 Year	BPT		
39	190207	Sachin Gangwar	4 Year	BPT		
40	190208	Shreya Krishan Saxena	4 Year	BPT		
41	190698	Ahmad Yar Khan	4 Year	BPT		
42	190001	Kuldeep	3 Year	BMLT		

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43	190002	Navneet Kumar	3 Year	BMLT		
44	190003	Hemant Kumar	3 Year	BMLT		
45	190004	Surya Pratap Singh	3 Year	BMLT		
46	190005	Salim Veg	3 Year	BMLT		
47	190006	Naveel Mansoori	3 Year	BMLT		
48	190007	Ankur Kumar	3 Year	BMLT		
49	190008	Kaiful Haque Khan	3 Year	BMLT		
50	190009	Utkarsh Kumar	3 Year	BMLT		
51	190010	Aman Husain	3 Year	BMLT		
52	190011	Priyansh Parashari	3 Year	BMLT		
53	190012	Arun Chauhan	3 Year	BMLT		
54	190013	Akash Sharma	3 Year	BMLT		
55	190014	Khushi Rathore	3 Year	BMLT		
56	190015	Kajal Gupta	3 Year	BMLT		
57	210111	VIDHYANSH	1	B. Pharma		
58	210112	VIMAL YADAV	1	B. Pharma		
59	210113	VISHAL KUMAR	1	B. Pharma		
60	210114	VISHAL SAHU	1	B. Pharma		
61	210115	YASH PATHAK	1	B. Pharma		
62	210175	ABHISHEK KUMAR MANDAL	1	B. Pharma		
63	210176	ADITYA GANGWAR	1	B. Pharma		
64	210177	ALOK VERMA	1	B. Pharma		

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65	210178	ANIL KUMAR	1	B. Pharma		
66	210179	ANKIT BABU	1	B. Pharma		
67	210180	ANUPAM RAJPUT	1	B. Pharma		
68	210181	ARVIND KUMAR	1	B. Pharma		
69	210182	DEVESH KUMAR	1	B. Pharma		
70	210183	DIVYA MOURYA	1	B. Pharma		
71	210184	GAGAN	1	B. Pharma		
72	210185	HIMANSHU MISHRA	1	B. Pharma		
73	210186	JASVINDER SINGH	1	B. Pharma		
74	210187	JEESU GANGWAR	1	B. Pharma		
75	210188	NITIN CHANDRA	1	B. Pharma		
76	210189	PRIYANSHU MAURYA	1	B. Pharma		
77	210190	RAM VARAN	1	B. Pharma		
78	210191	SHUBH VERMA	1	B. Pharma		
79	210192	VIDHI	1	B. Pharma		
80	210212	ARUN KUMAR	1	B. Pharma		
81	210213	NAWAZ ALI	1	B. Pharma		
82	210214	PRANJAL SAXENA	1	B. Pharma		
83	210215	MOHD RAHIL	1	B. Pharma		
84	210216	NITEESH KUMAR VERMA	1	B. Pharma		
85	210675	ABHINAY KUMAR	1	B. Pharma		

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86	210676	ARCHIT SINGH	1	B. Pharma		
87	210677	JANU SINGH	1	B. Pharma		
88	210678	ROHAN SHARMA	1	B. Pharma		
89	210679	SHIVAM GANGWAR	1	B. Pharma		
90	210680	VINAY KUMAR GANGWAR	1	B. Pharma		
91	210681	VISHAL GANGWAR	1	B. Pharma		
92	210796	FIZA KHAN	1	B. Pharma		
93	210838	ABHISHEK SHARMA	1	B. Pharma		
94	210839	SHIVAM GANGWAR	1	B. Pharma		
95	210840	ABHISHEK RATHOUR	1	B. Pharma		
96	210841	MO ARMAN	1	B. Pharma		
97	210842	SHALINI YADAV	1	B. Pharma		
98	210844	ABHAY PRATAP SINGH	1	B. Pharma		
99	210845	MO SEEVAN	1	B. Pharma		

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Notice

Date: 10th May, 2018

It is to inform to all the students that Programme on **Yoga for Healthcare Professionals** will be conducted from **17th May 2018 to 18th May 2018**. Registration will be on First Come First Serve basis. Students are asked to enroll their names for the above mentioned programme as early as possible. All the Directors/Deans/HoDs/Coordinators are advised to follow the same. Your co-operation is needed to successfully conduct this Capability enhancement and development programme.

Bareilly International University Registrar

Registrar

Copy to:-

1. PS to Hon'ble Vice Chancellor-for kind information.
2. PS to Registrar Sir-for kind information
3. All the Directors/Deans/HoDs/Coordinator(s)
4. Office copy
5. All the Notice Boards

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Date: 25th May, 2018

ACTIVITY REPORT

Activity Name	**Yoga for Healthcare Professionals**
Date and Time	17th May 2018 to 18th May 2018; 09:00 AM to 011:00 AM
Duration	6 Hours
Venue	Lecture Theatre 10
Organized By	Rohilkhand Medical College and Hospital, Bareilly International University
Coordinator Name	Ms. Anitha P. Child Health Nursing Professor
Resource Person	Ms.Roopa Mehra Mascot Group of Institute Bareilly
No. of Participants	195
Program Objective	• The program on "Yoga and Wellness for Healthcare Professionals" was organized with the aim to promote physical, mental, and emotional well-being among healthcare professionals in a medical college setting. • The primary objectives were to introduce healthcare professionals to the principles and practices of yoga, enhance their understanding of yoga as a complementary approach in healthcare, and encourage the adoption of yoga practices to manage stress, improve [illegible] and maintain overall wellness.

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Program Outcome	• The program successfully raised awareness about the benefits of yoga among healthcare professionals. Participants reported improved stress management, increased mindfulness, and better physical fitness as a result of the program. • Many expressed a renewed commitment to incorporating yoga into their daily routines and recognized its potential as a supportive tool in patient care. The program also fostered a sense of community and well-being among the participants, contributing to a more positive work environment within the medical college.
Photograph	 Yoga for Healthcare Professionals organized in Lawn ground and Auditorium Combined

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Attendance Sheet

S. No.	Enrolment Number	Name of Students	Class/year	Program name	17-05-2018	18-05-2018
1	160375	DEEPANSHU AGARWAL	3 Year	MD/MS		
2	160374	SHILPY	3 Year	MD/MS		
3	160376	SHUBHAM JAIN	3 Year	MD/MS		
4	160377	PALAK GUPTA	3 Year	MD/MS		
5	160378	RACHIT MEHTA	3 Year	MD/MS		
6	160379	RAVI VERMA	3 Year	MD/MS		
7	160396	ASHUTOSH MANGLA	3 Year	MD/MS		
8	160381	DIVYA GUPTA	3 Year	MD/MS		
9	160382	ANUJ SINGH	3 Year	MD/MS		
10	160383	SHRADHA CHANDRA	3 Year	MD/MS		
11	160384	Ivy Selina	3 Year	MD/MS		
12	160385	Himani Sharma	3 Year	MD/MS		
13	160424	Mahima Singh	3 Year	MD/MS		
14	160387	Saurav Rai	3 Year	MD/MS		
15	160388	Parnnika Agarwal	3 Year	MD/MS		
16	160389	Tejinder Singh	3 Year	MD/MS		

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17	160390	Ashish Kumar Sharma	3 Year	MD/MS		
18	160391	Suruchi Prakash	3 Year	MD/MS		
19	160392	Sumit Bharti	3 Year	MD/MS		
20	160393	Rashiya	3 Year	MD/MS		
21	160394	Rishi Rana	3 Year	MD/MS		
22	160395	Harsh Kaushal	3 Year	MD/MS		
23	160380	Abhishek Gupta	3 Year	MD/MS		
24	160406	Surabhi Singh	3 Year	MD/MS		
25	160407	Ruchi Tanwar	3 Year	MD/MS		
26	160408	Rajib Karmakar	3 Year	MD/MS		
27	160409	Kumar Saurabh	3 Year	MD/MS		
28	160410	Ajeet Pal Singh	3 Year	MD/MS		
29	160411	Animesh Kumar	3 Year	MD/MS		
30	160412	SHEEBA	3 Year	MD/MS		
31	160413	Ujjwal Kumar	3 Year	MD/MS		
32	160417	Aniket Rai	3 Year	MD/MS		
33	160421	Preeti Sharma	3 Year	MD/MS		
34	160422	Chaitanya Singh	3 Year	MD/MS		
35	160423	Anuj Kumar	3 Year	MD/MS		
36	160386	Amit Kukreti	3 Year	MD/MS		
37	160425	Rakshita Ojha	3 Year	MD/MS		

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38	160426	Vaibhav Yadav	3 Year	MD/MS		
39	160427	Amaninder singh	3 Year	MD/MS		
40	160428	Prerna Yadav	3 Year	MD/MS		
41	160429	Shresank Kumar Singh	3 Year	MD/MS		
42	160430	Manik Srivastava	3 Year	MD/MS		
43	160431	Gaurav Kumar	3 Year	MD/MS		
44	160432	Intikhab Alam	3 Year	MD/MS		
45	160433	Vikas Punia	3 Year	MD/MS		
46	160434	Alankrita Vashisth	3 Year	MD/MS		
47	160435	Mohan Tiwari	3 Year	MD/MS		
48	160444	Vishal Jindal	3 Year	MD/MS		
49	160445	Piyu Jain	3 Year	MD/MS		
50	160446	Kumar Mayank	3 Year	MD/MS		
51	160447	Ajay Kumar	3 Year	MD/MS		
52	160448	Rahul Ranjan	3 Year	MD/MS		
53	160449	Danish Arora	3 Year	MD/MS		
54	160450	Abhishek Kumar Dwivedi	3 Year	MD/MS		
55	160451	Raj Shekhar Tiwari	3 Year	MD/MS		
56	170001	Aastha Jain	2 Year	MBBS		
57	170002	Abhay Singh Rajput	2 Year	MBBS		

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58	170003	Abhishek Srivastava	2 Year	MBBS		
59	170004	Abhishek Yadav	2 Year	MBBS		
60	170005	Aditi Srivastava	2 Year	MBBS		
61	170006	Aditya Malviya	2 Year	MBBS		
62	170007	Ajay Pal Singh	2 Year	MBBS		
63	170008	Akash Kumar Bhoumick	2 Year	MBBS		
64	170009	Akash Pandey	2 Year	MBBS		
65	170010	Akshat Srivastava	2 Year	MBBS		
66	170011	Alisha	2 Year	MBBS		
67	170012	Altaf Ahmed	2 Year	MBBS		
68	170013	Ammara	2 Year	MBBS		
69	170014	Ananya Mishra	2 Year	MBBS		
70	170015	Ananya Rathore	2 Year	MBBS		
71	170016	Ankur Yadav	2 Year	MBBS		
72	170017	Anmol Preet Kaur	2 Year	MBBS		
73	170018	Anshul Gupta	2 Year	MBBS		
74	170019	Anuragita Verma	2 Year	MBBS		
75	170020	Arjab Ajay Singh	2 Year	MBBS		
76	170021	Ashish Kumar Gupta	2 Year	MBBS		
77	170022	Ashutosh Hudda	2 Year	MBBS		
78	170023	Astha Singh	2 Year	MBBS		

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Email :info@rmchbareilly.com, info@biu.edu.in Website : www.biu.edu.in

79	170024	Ayush Sundriyal	2 Year	MBBS		
80	170025	Ayushi Verma	2 Year	MBBS		
81	170026	Bhavana Dwivedi	2 Year	MBBS		
82	170027	Bhupesh	2 Year	MBBS		
83	170028	Bishal Sen	2 Year	MBBS		
84	170029	Brijesh Yadav	2 Year	MBBS		
85	170030	Chayanpreet Kaur Juneja	2 Year	MBBS		
86	170031	Deepak Kumar	2 Year	MBBS		
87	170032	Dhruv Garg	2 Year	MBBS		
88	170033	Disha Yadav	2 Year	MBBS		
89	170034	Divya Katiyar	2 Year	MBBS		
90	170035	Divyanshu Singh	2 Year	MBBS		
91	170036	Ekansh Gupta	2 Year	MBBS		
92	170037	Gagan Gupta	2 Year	MBBS		
93	170038	Gaurav Kumar	2 Year	MBBS		
94	170039	Gautam	2 Year	MBBS		
95	170040	Gopal Prasad Poddar	2 Year	MBBS		
96	170041	Haripriya Chaudhary	2 Year	MBBS		
97	170042	Harshita	2 Year	MBBS		
98	170043	Hiba Naeem	2 Year	MBBS		
99	170044	Indrika Sharma	2 Year	MBBS		

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100	170045	Juhi Chauhan	2 Year	MBBS		
101	170046	Kairavi Singh	2 Year	MBBS		
102	170047	Kanwarjot Singh Kohli	2 Year	MBBS		
103	170048	Karunendra Pratap Singh	2 Year	MBBS		
104	170049	Kaushal Kumar	2 Year	MBBS		
105	170050	Khushbu Yadav	2 Year	MBBS		
106	170051	Kuldeep	2 Year	MBBS		
107	170052	Laraib	2 Year	MBBS		
108	170053	Madhav Sharma	2 Year	MBBS		
109	170054	Mansi Bhardwaj	2 Year	MBBS		
110	170055	Miteesha Rustagi	2 Year	MBBS		
111	170056	Mohd Atif Sultan	2 Year	MBBS		
112	170057	Mohit Chaubey	2 Year	MBBS		
113	170058	Nandani Pandey	2 Year	MBBS		
114	170059	Navraj Singh	2 Year	MBBS		
115	170060	Neha Agarwal	2 Year	MBBS		
116	170061	Niharika Anand	2 Year	MBBS		
117	170062	Pranay Pandey	2 Year	MBBS		
118	170063	Pranjal Shukla	2 Year	MBBS		
119	170064	Pranvi Rathee	2 Year	MBBS		

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120	170065	Prashant Vikram Singh	2 Year	MBBS		
121	170066	Pratyoosh Kant	2 Year	MBBS		
122	170067	Prerna Chaudhary	2 Year	MBBS		
123	170068	Priyanka Kumari	2 Year	MBBS		
124	170069	Rajat Saxena	2 Year	MBBS		
125	170070	Ravendra Singh	2 Year	MBBS		
126	170071	Rittik Chakravarty	2 Year	MBBS		
127	170072	Ritu Upadhyay	2 Year	MBBS		
128	170073	Rohan Mathur	2 Year	MBBS		
129	170074	Rohit Mittra	2 Year	MBBS		
130	170075	Rohit Soni	2 Year	MBBS		
131	170076	Sahej Singh Puri	2 Year	MBBS		
132	170077	Sanchita Pandey	2 Year	MBBS		
133	170078	Saujanya Dash	2 Year	MBBS		
134	170079	Sejal Saraf	2 Year	MBBS		
135	170080	Shaivya Gupta	2 Year	MBBS		
136	170081	Shivank Bansal	2 Year	MBBS		
137	170082	Shreya Katiyar	2 Year	MBBS		
138	170083	Shreya Rame Mehrotra	2 Year	MBBS		
139	170084	Shreyanshu Golash	2 Year	MBBS		

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140	170085	Shubham Mittal	2 Year	MBBS		
141	170086	Shubham Vats	2 Year	MBBS		
142	170087	Shubhanshi Sharma	2 Year	MBBS		
143	170088	Snehil Kumar	2 Year	MBBS		
144	170089	Somya Anand	2 Year	MBBS		
145	170090	Srishti Jagarwal	2 Year	MBBS		
146	170091	Sudhanshu Pande	2 Year	MBBS		
147	170092	Sudixa	2 Year	MBBS		
148	170093	Supriya Prakash	2 Year	MBBS		
149	170094	Suraj Singh	2 Year	MBBS		
150	170095	Vikas Chaudhary	2 Year	MBBS		
151	170096	Vikas Yadav	2 Year	MBBS		
152	170097	Vinay Mathur	2 Year	MBBS		
153	170429	Adithi Vaish	2 Year	MBBS		
154	170448	Aanchal Agarwal	2 Year	MBBS		
155	170455	Anuradha Yadav	2 Year	MBBS		
156	170365	Abhinav Ahuja	2 Year	MD/MS		
157	170366	Amiya Pandey	2 Year	MD/MS		
158	170367	Ankit Sharma	2 Year	MD/MS		
159	170368	Atul Thadani	2 Year	MD/MS		
160	170369	Chandar Agrawal	2 Year	MD/MS		

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161	170370	Divyendu Sharma	2 Year	MD/MS		
162	170371	Himani Tandon	2 Year	MD/MS		
163	170372	Kriti Gupta	2 Year	MD/MS		
164	170373	Mayank Jain	2 Year	MD/MS		
165	170374	Natasha	2 Year	MD/MS		
166	170375	Neetu Gupta	2 Year	MD/MS		
167	170376	Noopur Gusain	2 Year	MD/MS		
168	170377	Preshak Dwivedy	2 Year	MD/MS		
169	170378	Priyank Agarwal	2 Year	MD/MS		
170	170379	Rohit Kaushik	2 Year	MD/MS		
171	170380	Shivika Gupta	2 Year	MD/MS		
172	170381	Tarkeshwar Kumar	2 Year	MD/MS		
173	170382	Utkarsh Gupta	2 Year	MD/MS		
174	170383	Viddur Arya	2 Year	MD/MS		
175	170417	Abhilasha	2 Year	MD/MS		
176	170440	Utkarsh Shukla	3 Year	MD/MS		
177	170441	Raghvendra Pratap Singh	3 Year	MD/MS		
178	170442	Taori Kamlesh Ashok	3 Year	MD/MS		
179	170456	Sonal Sharma	2 Year			
180	170457	Akshay Saxena	2 Year	MD/MS		

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181	170471	Jyoti Biswas	2 Year	MD/MS		
182	170476	Shreshu Yadav	2 Year	MD/MS		
183	170478	Gautam Singh	2 Year	MD/MS		
184	170482	Akash Mishra	2 Year	MD/MS		
185	170483	Astha Gupta	2 Year	MD/MS		
186	170484	Rakesh Kumar	2 Year	MD/MS		
187	170443	Harvesh Kumar	2 Year	MD/MS		
188	170275	Aqsa Miraj	2 Year	M.Sc.Medical		
189	170276	Imran Ali	2 Year	M.Sc.Medical		
190	170277	Saumya Tripathi	2 Year	M.Sc.Medical		
191	170278	Seema Gangwar	2 Year	M.Sc.Medical		
192	170279	Shubham Katiyar	2 Year	M.Sc.Medical		
193	170280	Surabhi Sharma	2 Year	M.Sc.Medical		
194	170281	Vivek Dixit	2 Year	M.Sc.Medical		
195	170282	Shayka	2 Year	M.Sc.Medical		

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